

Memory Fitness Products

for individuals, groups, independent living, assisted living, nursing homes and memory care

Daily Activities for Memory Fitness

Walking the Path to Memory Fitness One Week at a Time [DETAILS](#)

Brain Game Products

Brain Teasers [DETAILS](#)

Reminiscence Puzzles 20th Century [DETAILS](#)

Fill in - Word Search - Crossword Puzzles - Brain Teasers

Word Challengers (flash drive only)*

Visual Brain Games (flash drive only)*

Numerical Brain Games (flash drive only)*

Verbal Brain Games (flash drive only)*

[DETAILS FOR ABOVE PRODUCTS](#) * Workbook copy available (call for pricing)

Conversation Starters and Memory Activities

Daily Reminiscence Calendar

Century in Review

[DETAILS FOR ABOVE PRODUCTS](#)

Additional Conversation Starters

Connecting the Generations- Your Stories ... My Stories

So What Do You Think – Talk Talk Talk

[DETAILS FOR ABOVE PRODUCTS](#)

Caregiver Support

Because You Care: What to do when you do not know what to do [DETAILS](#)

Time Well Spent 400 Ideas Young and Old Can Do Together

Ideas for a Better Visit

[DETAILS FOR ABOVE PRODUCTS](#)

ADDITIONAL WORKSHEETS Therapy Guides [Volume 2](#) [Volume 3](#) [Volume 4](#) [Volume 5](#)

Information about the Therapy Guide Series [\(workbooks with flash drives\)](#)

CONTACT kathy@connectionscommunication.com

for information about her consultation services or to schedule a presentation

ADDITIONAL RESOURCES FOR MEMORY FITNESS

Blogs by Kathryn Kilpatrick M.A. CCC/SLP

www.connectionsincommunication.com

[Successful Aging and Memory Fitness](#)

[7 Day Memory Fitness Plan](#)

[New Year's Resolution – Create a Memory Fitness Plan](#)

[Memory Fitness Plan for Independent Senior Residences](#)

[Memory Fitness Plan For Assisted Living Residences](#)

[Memory Fitness Plan for Senior Centers](#)

[Memory Fitness Plan: When a Loved has Dementia](#)

www.memoryfitnessmatters.com

Memory Fitness Blogs

Weekly Blog Topics

Memory Basics

Strategies

Brain Aerobics

Memory and Aging

7 Day Memory Fitness Programs

Improve Your Memory – Words to Keep You on Track

Note: Blogs will resume January 2015 on a monthly basis. Subscribe by email or RSS feed

ALSO AVAILABLE

Weekly Cable TV show (8 month series) on You Tube with corresponding blogs

Link to [ALL PROGRAM TOPICS](#)

Overview of each topic's content

[What if You Have to Multitask?](#)

[Memory Changes - Normal Aging and Beyond](#)

[When Dementia Comes Home: Walking the Journey](#)

[Memory Fitness Activities for ALL Ages](#)

[Supporting Care Partners](#)